



Kansas Waiting List Study:

Needed Supports of People on the Waiting Lists for Home and Community Based Services



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Overview of Project:

➤ The goal of the project was to inform the Kansas Department for Aging and Disability Services (KDADS) decision making regarding system capacity and reducing the waiting lists for Home and Community Based Services (HCBS) waiver program for people with intellectual and developmental disabilities (I/DD) and physical disabilities (PD). This presentation focuses on results related to the I/DD waiting list.

We developed a survey to understand the needs of those on the waiting list. The survey was part of a larger project to evaluate, manage, and reduce the waiting list.

The purpose of the surveys was to:

1. Understand the demographics, experiences, and needs of people on the waiting lists.
2. Forecast service and support needs up to 5 years out.
3. Identify important health, community living, and support need trends of people on the waiting lists.

We developed and deployed two surveys:

1. The Waiting List Survey to understand the supports people need to do the things they want and need to do in their life.
2. The Caregiver Survey to understand the needs of people who provide care for people on the I/DD or PD waiting lists.

Survey Recruitment and Response Rate:

Contacts recruited by text, call, email, or mail:

Overall: 5644 | I/DD: 4162 | PD: 1482

Consented and responded to at least one survey:

Overall: 1258 | I/DD: 1031 | PD: 227

Study response rate:

Overall: 22% | I/DD: 25% | PD: 15%

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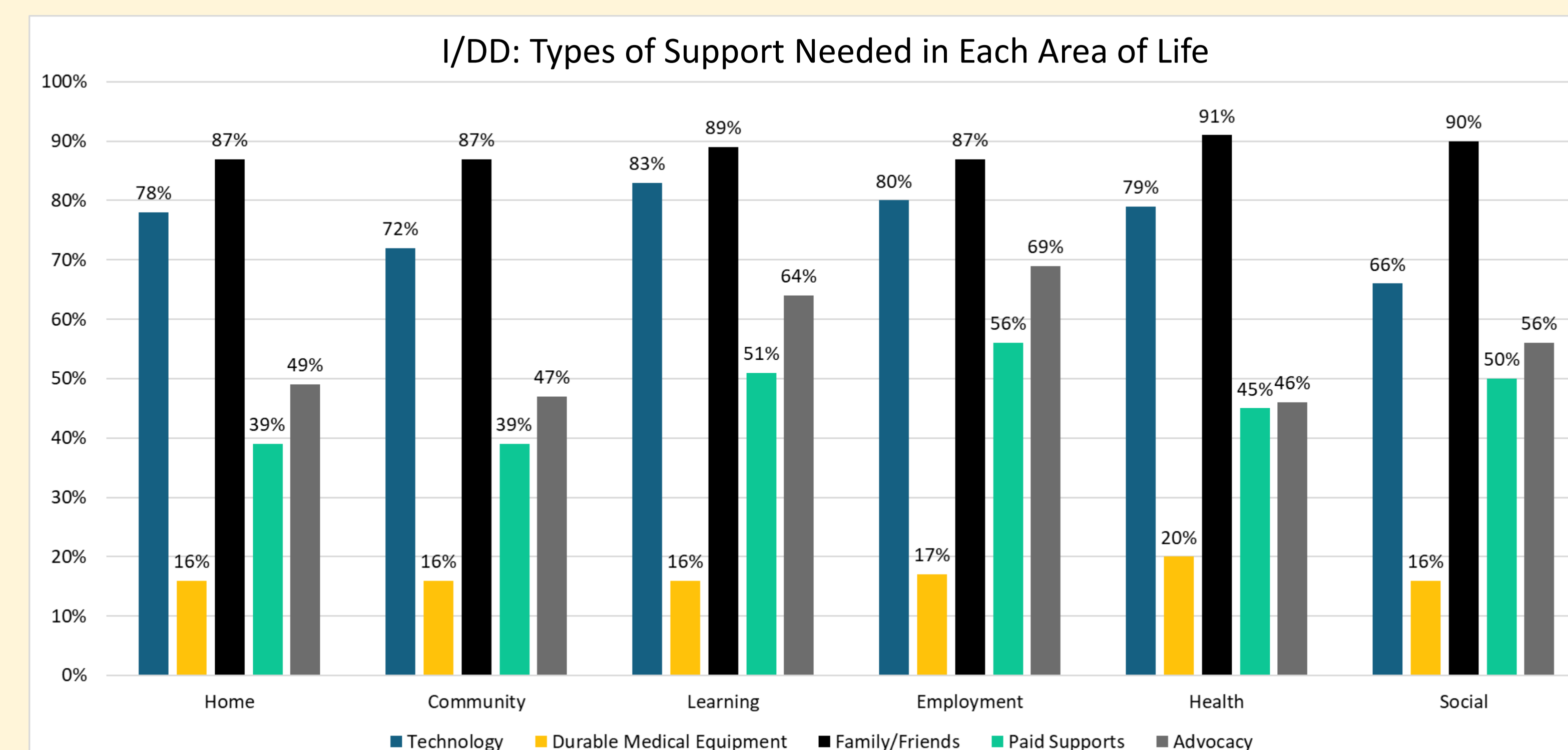
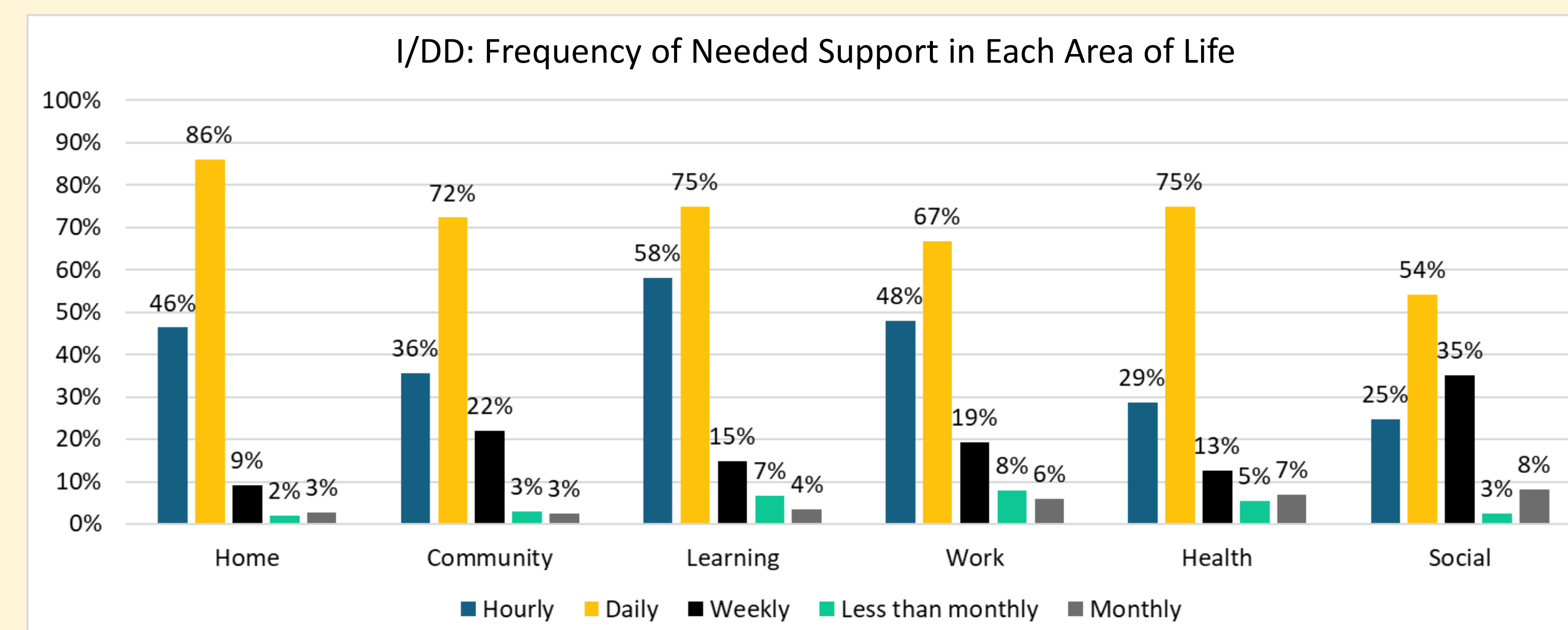
I/DD Waiting List Research Findings:

WHAT:

We found that people on the I/DD waiting list reported a high frequency of needed supports. This was true when people on the waiting list or their caregivers responded. We also found that people on the waiting list had low employment and post-secondary education outcomes.

SO WHAT:

This information can inform the state of Kansas about services and supports that are needed when people enter services. Also, this research shows a need for connecting people to community resources, like vocational rehabilitation and workforce centers, for supports while they are on the waiting list.



I/DD Waiting List Survey Results:

Highlighted below are the I/DD waiting list survey results and recommendations related to:

- Needed Supports
- Employment, Education and Community Outcomes

Needed Supports:

- In each area of life, the majority of people indicated that they **needed hourly or daily support to be successful**.
- **Technology, Family and Friends, and Paid Supports** were types of supports needed by people on the I/DD waiting list.

⏏ Please see graphs for more detail

Employment, Education, and Community Living Outcomes:

- Working a paid job in the community and continuing their education were high priorities for people on both waiting lists.
- Respondents indicated that few people on the waiting list were employed or attending post-secondary education (e.g. trade school, community college, university).
 - **Need for enhanced coordination between people on the waiting list, employment supports, and transition services.**
- Respondents indicated a strong preference for living with family or relatives, living with a spouse or partner, and living alone rather than living in a shared living arrangement with other people with disabilities.
 - **Need for person-centered preferred living planning and support for living in the community.**

Thank you to our project partners:

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The State of the States in Intellectual and Developmental Disabilities